



Veterans of Foreign Wars of the United States
 General MacArthur Memorial Post 392
 2408 Bowland Parkway
 Virginia Beach, Virginia 23454-5207
 (757) 486-5875
 www.vfw392.org

2018 Membership Goal: 2,035
 Current Status: 1706 Members

Non-Smoking Facility - Outside Smoking Accommodations Available

FEBRUARY 2018 - VOLUME 29, NUMBER 8

2017 - 2018 OFFICERS

Post Commander.....	Mark K. Winn	Auxiliary President.....	Dinah V. Doyle
Sr. Vice Commander.....	Theresa J. DeChamplain	Auxiliary Sr. Vice President	Lorain K. Crain
Jr. Vice Commander.....	Neil A. Siegfried	Auxiliary Jr. Vice President...	Robert DeChamplain
Quartermaster.....	Donald E. Brown	Auxiliary Treasurer.....	Ellen Stogsdill
Chaplain.....	Thomas R. Tumilty	Auxiliary Chaplain.....	Ingrid L. Epperson
House Committee Chairman.....	Kevin Graves	Auxiliary Conductor	Fred Jennings
Service Officer.....	Joseph G. Brady	Canteen Manager	Shelly Hughes
Surgeon.....	Robert Cordona	M.O.C. Seam Squirrel.....	Steven E. Graves
Judge Advocate	David R. Goldstein	M.O.C.A. President.....	Lorain K. Crain



COMMANDER'S CALL

COMRADES, SISTERS AND BROTHERS

Let me start out by saying thanks to everyone that came out to help with the Vets from the VA Hospital in Hampton. A good time was had by all. If you have not been to the post when the Vets come over you need to keep an eye out for the next visit and come join us.

Executive Order to Improve Mental Health Care for Recently Discharged Veterans:

On Tuesday, 16 Feb., President Trump signed an executive order requiring the Departments of Veterans Affairs, Defense, and Homeland Security to develop and implement a joint action plan which would ensure transitioning service members have access to mental health care services. The White House announced that veterans who are 3 to 12 months

out of military service are three times more likely to die from suicide than their active-duty counterparts, while those up to three months out of service were 2.5 times as likely, according to a study from the Naval Postgraduate School.

One of the goals of the executive order is to provide eligibility for VA mental health care for all veterans who are within a year of their date of discharge. The VFW looks forward to working with the Administration to ensure it reduces the rate of suicide in this vulnerable population, but also devotes more resources and personnel to suicide prevention so all eligible veterans can receive timely access to the mental health care they need and deserve.



VOLUNTEERS NEEDED

(see any Post Officer for details)

PLEASE REVIEW ANY ITEM BELOW AND TAKE ACTION!

- **Post Meeting:** Feb 6 at 7 PM.
- **MOC/MOCA FEB 17 CASINO NIGHT FUNDRAISER**
- **SKG Gun Show FEB 4TH&5TH RECRUITING BOOTH**
- **Thursday Night Dinner:** every 1st & 3rd Thurs, cash register attendant, dish washers, servers
- **American Red Cross:** Urgently need blood donors, call 1-800-448-3543
- **Recruit Members:** applications at the Post, see any Post Officer
- **BINGO-VA HOSPITAL FEB 24 TEAM 3**

POST 392 - NEEDS YOU!

DATES TO REMEMBER

- 2/1 President Reagan orders withdrawal of US Marines from Beirut in 1984
- 2/8 US Forces secure Guadalcanal in 1943
- 2/15 USS Maine sinks in Havana Harbor in 1898
- 2/22 Operation Junction City begins in Tay Ninh Providence, Vietnam in 1967
- 2/23 U.S. flag raised on Iwo Jima in 1945
- 2/25 Iraqi Scud missile hits US barracks in Dhahran, Saudi Arabia in 1991

NEW MEMBERS

I extend a warm welcome to the new members who were voted in at the last regular meeting and a resounding thank you to our transfers and reinstating members:

Transfer/ Life Installment / Life Members:

Ronald Devine Jr.

Transfer/ Annual Members:

Gregory Groff,
Marissa Morse

Thank you for your service and welcome aboard!

BIRTHDAYS

Robert Agnor, Gale Allen,
Donald Brown, Robert Cinibulk,
Charles Greenwalt,
Norman Kilfoyle, John Phillips

Auxiliary

Kiea Brown, Marian Bryant,
Tammy Cool, Elaine DeVost,
Jessica Heger, Edward Powers,
David Semones, Janice Silcox,
and 119 other fine Comrades,
Sisters and Brothers!

Post Commander
Mark K. Winn
commandervfw392@gmail.com



SENIOR VICE COMMANDER

Comrades, Auxiliary,

I hope everyone fared well in the first snow storm of 2018.

It's always a pleasure to have the Vets from V.A. hospital visit the Post, and I believe they all had a good time. I know I did.

The R/V show at the convention center went well. This was an invitation by Post 3160 to help them and us to RECRUIT new members. Thank-You! Hopefully in the future we can return the favor.

I would like to invite everyone to come to the Post and root for the Super-Bowl teams! We will have food and snacks for the festive occasion. And also all you Nascar fans, come out and cheer on your driver!

If would like to participate in the up-coming St. Patrick's day parade, but you cannot walk the route, please contact Commander Mark Winn, so he can get a heads up on how many vehicles/vans we will need. If you have never been to the parade, I strongly urge you to go. It is a lot of fun. And this year it is actually on St. Patrick's Day Mar 17th.

Thank-you to all the members that renewed their dues. I cannot stress enough that we need your continued support. Please keep passing the word if you know any one that would like to join, or transfer in to our Post. One more thing, if you have moved, or changed e-mail or phone number, can you please contact the Post so we can up-date our records. Since I have started this "job" as Senior Vice, I have noticed different addresses for the same person, or I receive "bad e-mail" not sent.

Little things like this, make it just a little harder for us to contact you.

Upcoming events:
Feb 3-4th SKG Gun Show Virginia Beach Convention Center.

Feb 17th MOC/MOCA Casino night VFW 392.

Mar 3rd District 2 Meeting VFW Post 8545 Smithfield Va Lunch 12:00 Meeting 13:00 P.M.

Until next month, always remember our Veterans and God Bless America.

CONTINUOUS MEMBERSHIP

AWARDS

The following individuals have earned Continuous Membership Awards. If you are listed below, please attend the next Post Meeting to receive your lapel pin.

If you are unable to attend, contact any Post Officer. If your name has not been listed and you believe that an award is due, please contact the Quartermaster.

30 Years Continuous Service:
Alan Dearthoff

25 Years Continuous Service:
Luther Kinsey, Raymond Drew,
Delbert Edwards, Lewis Rogers,
Frederick Nootnagel

20 Years Continuous Service:
Darryl Sexton, Douglas Norris,
Robert Long, Ricky Lee Jr.

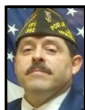
15 Years Continuous Service:
Anita Hodges, Hans Hansen,
Wendell Willey, James Tonetti

10 Years Continuous Service:
Clifford Bell, Henry Simon,
Gregory Courtney, Ronald Carden

5 Years Continuous Service:
Rodney Owens, Robert Girard,
Thomas Edwards, Fred Belote,
Duane Trowbridge,
Ingrid Chenoweth

Thank you for your service and congratulations!

**SR. Vice Commander
T.J. DeChamplain**
srvice
commandervfw392@gmail.com



**JUNIOR VICE
COMMANDER**

Brothers & Sisters,

Well the first month of the New Year has come and gone with numerous accomplishments. Thank you to all the Auxiliary and Post members who always make it happen time and time again, you're awesome!

I will continue to ask all members who can **"get involved!"**

Only two weeks ago at the VFW Winter Council in Portsmouth, I had a discussion with numerous members from thirteen districts and dozens of VFW Posts across the state. What is the connection we need to figure out with today's younger veterans to help build our numbers and literally secure our relief/future. Everyone had one or two things they are doing that helps interest young veterans, but no one seemed to have the complete answer yet!

So until we figure that out don't be surprised if I ask you for help with a Post/Auxiliary function and expect you to help answer the call. Please write or call me if you have questions, comments or concerns.

(757) 619-2867

**Jr. Vice Commander
Neil A. Siegfried**
jrvice
commandervfw392@gmail.com



**QUARTER-
MASTER**

2018 MEMBERSHIP DUES

Annual dues are \$40.00. Annual Members can pay their dues at Post 392, online at vfw.org, or by mail directly to:

VFW National Headquarters
Third Floor, Room 316
406 West 34th St.
Kansas City, MO 64111
(please include your membership#)

Consider changing your Annual Membership to a Life Membership and make a life long commitment to serving your fellow service members and Veterans. Life Installment plan is available as an option to the one time payment for Life Membership.

E-NEWSLETTER

The Post Newsletter and Calendar are available online for free! To view them, go to vfw392.org and click on the links along the left side of the page.

On the Newsletter page, you can sign up to receive the monthly notification about the Newsletter, Calendar of Events, and other Post related communications by clicking on the "Subscribe to the VFW Post 392 Mailing List" link.

Ensure that you add the domain "vfw392.org" to your address book, it'll prevent the Post emails from going to your SPAM folder!

CHANGE OF ADDRESS

Members, we all need to maintain a current address with the VFW. When your mailing address changes, be sure to fill out an address change form, mail it in, or drop it off at the Post.

The best method would be to email it to the Post. If you drop it

off or email it, please remember to include your telephone number and email address!

**Quartermaster
Donald Brown**
vfwpost392@gmail.com



**CHAPLAIN'S
CORNER**

Every day is a day of remembrance. We only need to take the time.

There is much strength to be gained in our prayers for all who have served, for those brave serving now, and for ourselves and our families.

Eternal Lord God, who alone governs the heavens and rules the raging seas, mercifully take under Your Almighty and most precious protection our Country's armed forces members. Keep them all safe from harm and bring them safely home to the loving arms of their families. Preserve them from danger upon the sea, on the land, and in the air, and from the violence of the enemy, that they may be a safeguard for our Country and a security for its people; that we may in peace and quietness serve You, our God, to the glory of Your name. **Amen.**

Prayer of St. Francis

Lord, make me an instrument of Your peace. Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving

that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to Eternal life. **Amen.**



HELP US TAKE CARE OF EACH OTHER

When you or a family member falls ill, are injured, hospitalized, or experience the loss of a loved one - *please* contact us *ASAP!* It is important that we extend our hand in anyway possible to aid and comfort our fellow Comrades and family in their time of need.

ILLNESS / INJURIES

Please read the Post's Bulletin Board for up-dates of Members on the Illness / Injury List.

The following members have serious, long term illness, or injury, requiring continuous care:

- **Joe Palmer**
(SEN Nursing Home Rm 211)
- **Betty Stephens**
Home
- **Frank Myler**
(Home)
- **Mike Gaughan**
(Home)

TAPS

The following list honors and remembers our Post Veteran members in their recent passing:

Arlene Goldstein
Passed: 23 Dec

Noel W. Lantz
Passed: 31 Dec

Dawn Schryver
Passed: 5 Jan, 2018

At our monthly meeting, Draping of the Charter is conducted, and a prayer of solemn tribute is given on behalf of our departed Comrades. For they are now in the hands of our Heavenly Father.

**Post Chaplain
Tom Tumilty
chaplain392@gmail.com**



**AUXILIARY
PRESIDENT**

Sisters and Brothers,

Hopefully the weather is going to improve and we can get out and enjoy warmer weather soon!!! In January we had the Veterans from the VA Hospital visit us. It was a Luau theme and everyone had a wonderful time. Thanks to everyone who came out and spent time with our Veterans. We are always in need of volunteers; sign up sheets for upcoming events are located on the bulletin board.

There events coming up in February are:

February 3rd & 4th – Gun Show
– Recruiting Booth

February 24th – Team 3 Bingo
at VA Hospital – 11am to 1pm

There have been some concerns and questions about membership cards and our new system, Malta. I received information from the VFW National Headquarters that I would like to share:

“We want to thank you for your patience and understanding the last six months as we have transitioned to a new membership database system and new membership card process.

We would like to take this time to address some of your concerns and questions:

It's taking too long to get cards. We agree! Part of this is because we got behind early on in the membership year. We are also mailing them as bulk mail, which is not as fast as first-class mail. It can legally be held for a certain number of days, and this delays the member receiving it.

We are working with the printer to make sure we are being as efficient as possible with this process. We will also be looking to see if we have the best solution possible.

Your comments and issues are important to us. We apologize for any inconvenience in the last six months. We ask that you continue to support your Auxiliary through this transition to a new system. “

If you have any further questions or have not received your card within a reasonable time, please call the Post or talk to any Auxiliary Officer.

Please continue to come to meetings. Share your ideas; your input is how we continue to grow!!!

The next Auxiliary meeting will be February 6, 2018 at 7pm. Hope to see everyone there!!!

Thanks for everything that you do for our Veterans and our Post!!! Feel free to contact me if you need anything. I can be reached at 757-560-0493.

**VFW Auxiliary President
Dinah Doyle**





AUXILIARY MEMBERSHIP

CONTINUOUS MEMBERSHIP

AWARDS

Sisters who have yet to receive their awards are requested to attend the next regularly scheduled meeting of the VFW Auxiliary.

Our Auxiliary President stands ready to decorate you with the awards indicated:

20 Years Continuous Service:
Virginia Jones, Jaime Taylor

Thank you for your service and congratulations!

VFW Auxiliary Treasurer
Ellen Stogsdill
ellenstogsdill@cox.net



MOCA

Greetings everyone.

Our MOC/MOCA Breakfast has started back for 2018. Our MOC/MOCA Breakfasts are held every Sunday through 5/13/18, except for Easter weekend on 4/1/18. The breakfast is held at VFW # 392 from 8:30 am until 11:00 am. Everyone is invited and please come join us.

We are always in need of **VOLUNTEERS** for our breakfast teams. We need helpers and dishwashers for all the teams. Our new Breakfast Chairpersons are Cootie Joe Brady, Norine Kuhn and myself. Please contact me at 757-572-5475

crainium152@gmail.com

for further information.

I would like now to introduce the activity events for the MOC/MOCA:

On 2/17/18, our Annual Madi Gras Casino is being held on 2/17/18 at Post # 392. Check with our post bartenders to purchase tickets and contact me for further information. Come and gamble and have a great time to raise money for our VA Hospital visits

The date of the MOC/MOCA Grand Winter Council of Administration has changed to 2/24/18 from 2/10/18. The MOC/MOCA Grand Winter Council of Administration will be held at Pup Tent # 2, VFW Post # 4809 located at 5728 Barte Street, Norfolk, VA 23502. More information please contact me.

On 4/13/18 through 4/14/18, MOC/MOCA Grand Convention will be held at VFW Post #3160 in Oceanview Area, Norfolk, VA.

On 4/27/18 through 4/29/18, the MOC 4th Supreme District Convention is being held at the DoubleTree by Hilton located at Laurel@, MD 20707. The room rates are \$105.00 a night. For registration and payment, please contact Stephanie Eeckhout at (301)712-6899 and e-mail: seekout@lotcs-md.org.

Here are some of our recent past events:

On December 21, 2017, a small group of us visited 15 resident Veterans at the Kings Grant Nursing Home in Virginia Beach, VA. We gave them a nice goodie bag which brought tears and smiles to the veteran's faces.

On January 21, 2018, we went to the Hampton Veterans Hospital for Christmas in January. We gave out goodie bags to our hospitalized veterans.

Membership cards need to be renewed for this year so please see Treasurer Gail Payne to pay your membership dues.

Grand Chaplin Robin Milewski stands ready to assist any member in need. Please contact her at (757)223-5763.

President
Lorain K. Crain
crainium152@gmail.com



CANTEEN

CANTEEN HOURS

Monday-Thursday.... 1100-2200
Friday..... 1100-2400
Saturday-Sunday1100-2200

On Cootie Breakfast Sunday's the Canteen opens at 1000

KITCHEN HOURS

Monday-Wednesday... 1100-1300
Thursday.. 1100-1300, 1700-1830
Friday..... 1100-1300, 1800-2000
Saturday Closed
Sunday Closed

** Hot Dogs and Chili may be obtainable on Saturdays and Sundays, as available*

** Regular menu items will not be available during any holiday or event dinner specials (unless specified)*

WEEKENDS AT THE VFW

Start the weekend with Friday's **Social Hour Prices from 4-6 PM!** The kitchen opens Friday, 6 to 8 PM, with all of our menu items!

The Canteen opens at 11:00 AM on Saturdays and Sundays (10:00 AM on Sundays when Cootie Breakfast is being served). When the kitchen is closed, we do have Hotdogs, Chili and Pizza available on Saturdays and Sundays!

Come out and enjoy a cold beer or beverage! We have multiple big screen TV's. Bring the family - the Canteen is smoke free and Wi-Fi is readily accessible.

THURSDAY NIGHT DINNER

New Hours / New Menu
5:00 PM - 6:30 PM

Thursday Dinners include salad and dessert. Below is the dinner menu available and pricing for this month:

<u>Feb 1st</u> <u>Teriyaki Chicken</u> \$ 7.50	<u>Feb 15th</u> <u>Prime Rib</u> \$17.00
<i>Prepared by Janice Silcox</i>	<i>Prepared by Don Brown/Scott DeVost</i>

Note: Our **Thursday Night Dinners** are **all volunteer staff**. If you'd like to help with serving, cleanup, or dishwashing - please contact the **Canteen Manager Shelly Hughes** or the **Assistant Canteen Manager Tina Brown** at (757) 486-5875, or at the email address below.

Note: For prime rib & grill your own steak, serving time will be 5:00PM to 7:00PM.

Our **Friday Evening Dinners** require a few volunteers as well. Again, please contact the Canteen Manager or Assistant Manager.

FRIDAY ENTERTAINMENT

Below is the entertainment for this month, come and enjoy the music with your friends every Friday from 7:00 to 10:00 PM:

<u>Feb 2nd</u> Shane	<u>Feb 9th</u> Matt Davis
<u>Feb 16th</u> TBD	<u>Feb 23rd</u> Billy

Our entertainment for the month of February is not complete as of yet. Please watch our social media sites and / or call the Post for further information.

CANTEEN SPECIALS

Fridays: Social Hour

4 - 6 PM

Come in and enjoy our Social Hour Prices to start your weekend!

Fridays: Steamed Shrimp

6 - 8 PM

EZ Peel Shrimp are back & larger!
 1/2 lb for \$6.00 or 1 lb for \$12.00

Post Storage Lockers

Annual payment is due
No Later Than
 February 28th !
 Unpaid accounts - lockers will be emptied on March 1st.

If you have comments or suggestions for our Canteen, please let us know. All written comments or suggestions must be signed for consideration, and thank you for your service!

Chairperson **Manager**
Kevin Graves **Shelly Hughes**

canteenmanager392@gmail.com



NEWSLETTER ADVERTISING

All ads are paid advertisements, and are not endorsed by the Veterans of Foreign Wars

The Veterans of Foreign Wars, Post 392 is offering advertising space in our newsletter. Our monthly circulation is over 2100. All ads must be submitted and approved by the Post prior to the 15th of each month.

If you are interested please contact the Quartermaster.

STATE OF VIRGINIA
VETERANS AFFAIRS
REPRESENTATIVE

Virginia Pauley is our local Veterans Claims Representative!

We look forward to working with her concerning our VA questions and interests. She is available weekdays at her Virginia Beach office:

Pembroke Office Park
 287 Independence Blvd.
 Pembroke Two, Suite 130
 Virginia Beach, VA 23462
 Office: (757) 552-1884
virginia.pauley@dvs.virginia.gov

NOTARY PUBLIC

The following Post members are commissioned as Notary Public's in the Commonwealth of Virginia:

- Bob Duvall
- Joseph G. Brady

They are authorized to legally notarize documents such as Power of Attorney, Bill of Sale, Will, Living Will, etc. Please check with the Post for an appointment.

Be aware that under VA code the notary must acknowledge:

- Signer must personally appear before the notary
- Signer is positively identified
- Signer must affirm under oath the accuracy of the document.

Acceptable Forms of Identification:

To be acceptable, the ID must be one of the following and current:

- Driver's license or State issued ID card
- U.S. Passport
- Foreign Passport (INS validated)

- Driver's license issued in Mexico or Canada
- U.S. Military ID Card.

We do not rely on Social Security cards or photo ID cards issued by non government entities. Under the law, the notary has the right to refuse, if he / she suspects anything may be false or wrong.

LEGAL AID OFFICE

Veteran Free Legal Services

My name is David Rivard. I am a Staff Attorney at the Legal Aid office in Virginia Beach. We provide free legal services in civil matters to qualifying low-income Virginians. Some of the areas of law we provide assistance with are housing, estate planning, consumer matters, public benefits, and family law.

If this sounds like something you believe your members can benefit from or are interested in, or you know of any other organizations in the area that we may be able to assist, please contact me at my office (757) 552-0026 or you can contact me at the email address below. Thank you very much.

David Rivard, Esq.
Staff Attorney

Legal Aid Society of Eastern Virginia

291 Independence Boulevard
Pembroke 4, Suite 532
Virginia Beach, Virginia 23462
(757) 552-0026 ext. 305
davidr@laseva.org

AUX MEMBERSHIPS

Thank you for your support of Veterans of Foreign Wars Auxiliary 392. Your annual membership dues expired on December 31, 2017. We invite you to reaffirm your pledge as our 491,000 members stand strong for America's veterans. During the past year, you and your fellow VFW Auxiliary members:

- Provided \$4.6 million dollars in assistance to veterans, active-duty military, and their families
- Volunteered more than 815,000 hours in VA Medical Centers, hospitals, and other facilities
- Made more than 134,000 legislative contacts to help pass or block bills impacting veterans
- Distributed more than 378,000 United States flags in local communities
- Worked with more than 262,000 young people
- Awarded \$142,000 in scholarships

The dues amount for your annual membership is \$30.00. To pay your dues, please cut out the portion and mail it with a check or money order made payable to "VFW Auxiliary 392" to the following address:

Ellen Stogsdill, Treasurer
2408 Bowland Parkway
Virginia Beach, VA 23454

You may also login to MALTA and pay your dues online. Visit www.vfwauxiliary.org and select Member Login.

Thank you again for supporting the VFW Auxiliary, and please renew your membership today!

Tina Brown and Ellen Stogsdill

2018 Membership Committee

SCHOLARSHIP NEWS

As mentioned in earlier newsletters, we are down to just a couple more scholarship programs that will end in March; Scout of the Year and Creative Patriotic Art. Scout of the Year is open to all types of Scouts including those who are receiving Eagle Scout, Gold Award, and the top awards for Venturer's and Crew. If you

don't already have an application, please feel free to ask for one or if your troop needs more than one, please contact the Scholarship Chairman.

The same goes for Creative Patriotic Art. This is done by students in grades 9-12. You get to choose what type of art you want to do and then need to write an explanation of you choice for that particular artwork. All instructions are on the brochure.

Scout of the Year is due to our Post prior to or by March 1, 2018. As for Patriotic Art, the due date to the Post Auxiliary is March 31, 2018. If anyone is interested in seeing what has been done in the past, (winners), there are photos of them on the bottom of the brochure. If you haven't started already on your artwork, you better think about it soon. Also, a brochure can be requested from the Scholarship Chairman.

Also, letters will go out for, Law Enforcement Officer of the Year, Sheriff of the Year, EMT of the Year, Firefighter of the Year and Civil Air Patrolman of the Year. These outstanding civil servants of Virginia Beach will be awarded the same night as the Scholarship Awards in April. Please plan on attending if your schedule is free. This will be a great night to share with all the winners.

We have had two Boy Scouts from Troop 417 who have helped us for the past couple of years. They have been very generous in giving their time and talent to help with the Children's Parties for Halloween and Christmas. Curran Cypert and Kyran Mitchell; a **SPECIAL THANKS TO YOU BOTH.**

We have also been able to have a few Girl Scouts come and help. In December we were honored to have Jennifer Rexroad, and her

mother Nancy Rexroad, co-leader of Girl Scout Troop 8 in Virginia Beach. We also had a Cub Scout who helped the other children with the crafts at the Christmas Party; Nathan Tanner from North Carolina. **THANK YOU NATHAN!!!!!!**

On, December 20, 2017, ALL the winners from VFW Post 392 were on the AM Radio Station 1110, WKQA in Norfolk for one hour, discussing their essays for the High School Voice of Democracy and the Middle School Essay. Also, the VFW 392 Smart/Maher Teacher Awardee discussed her teaching of Patriot's Pen processes and methods with radio station host, Kenny Golden. Scholarship Chairman, Sue Sowers and parents were all present for radio talk. All winners were unbelievable with their knowledge as well as the host for past history info. All winners were fantastic!!!!

SUE SOWERS
SCHOLARSHIP CHAIRMAN

VETERANS CRISIS LINE

Veteran Affairs offers a network of support for all our Nation's Veterans and their families. Veterans in emotional crisis and their loved ones can call the free and confidential Veterans Crisis Line to connect with a qualified crisis counselor who can help.

Anyone concerned about a Veteran, can also go to the website veteranscrisisline.net to access the confidential, anonymous online chat to connect with a responder and get support.

The Veterans Crisis Line, online chat, and text are available 24 hours a day, 365 days a year, to all Veterans and their families, even if they are not registered with VA or enrolled in VA health care.



Scholarship winners visiting Radio Station WKQR Freedom 1110

Phone: 1-800-273-8255
Web: veteranscrisisline.net
Text Message: 838255

AMERICAN RED CROSS

Donors Needed

American Red Cross' Mid-Atlantic Blood Services Region serving southeastern Virginia, has issued an urgent request for blood. All blood types are needed.

If you are able to donate, please do so and let MOCA Hospital Chairman, Gail Payne, know at: gail101@cox.net. Recording the number of donors reflects in our community services.

www.redcrossblood.org/midatlantic

1-800-RED-CROSS
(1-800-733-2767)

CORRECTIONS

We welcome any comments, suggestions, or complaints about errors that warrant correction.

They can be directed to any of the Post Officers, or email them directly to the Webmaster at

webmaster@VFW392.org

House Committee

I hope all survived the SNOW BLAST of 2018, and family and friends were checked on and a helping hand offered if needed.

I hope many of you came out to enjoy the events of January put on

by members of the Post. If you have any suggestions or ways to help I urge you to come to a meeting and voice your opinion or offer to help in making that change. It is not just the talk around the bar that brings change. It is also you lending a helping hand and your ideas to make it happen.


New blood in the volunteer game is always welcome. As always you can give the gift of your time to help in many areas. As a volunteer just a few hours a week can do so much for others. Please lend a helping hand.

New this month: you should see some new construction on the dumpster pad and a drainage upgrade in the same area. Helping the drainage will hopefully stop the flooding in the back hall with the heavy rains of the Spring. If you see any improvements our post needs, please bring it to someone's attention.

Volunteering is not a dirty word or a dirty act. Please help when you can. What have you done to help our Post and our Veterans lately?

Kevin Graves
House Committee Chair

Host



Kenny Golden



Topics

- VA Benefits
- Legislation Activity
- Upcoming Bills
- Fleet Reserve
- VFW
- Retirement
- Lobbying Reps
- Programs/Activities
- Contact Info

Hampton Roads Defense Radio

1st & 3rd Wednesdays

1:00 PM

Sponsored by:
Fleet Reserve

Sponsored by:
VFW Post 392



1110 AM Radio

WKQARadio.com (757)222-1171

Live Streaming

Join retired Navy officer Kenny Golden for news and events of interest to everybody in the military community.

COOTIE BREAKFAST

SUNDAYS

WHERE: VFW # 392

TIME: 8:30 AM -11:00 AM

COST: \$8.00 ALL YOU CARE TO EAT

Eggs to Order - Scramble Eggs - Omelets - Bacon - Sausage - Corned Beef Hash - Home Fried Potatoes - Pancakes - Waffles - French Toast - Biscuits Toast - Sausage Gravy - Grits - Fruit - Juices - Coffee

COME JOIN US AND HELP US FUNDRAISE FOR OUR HOSPITALIZED VETERANS

ADVERTISEMENTS

All ads are paid advertisements, and are not endorsed by the Veterans of Foreign Wars:




TOP PRODUCERS

Ron Clark, Associate Broker
GRI, Certified Military Residential Specialist

Office: 757.456.9500 • Fax: 757.490.1394
Direct: 757.754.8498

316 Office Square Lane • Virginia Beach, VA 23462
7dayrealtor@gmail.com
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Ron Clark

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- ★ Accredited Buyer's Representative
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- ★ Certified Military Relocation Specialist
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(757) 754 - 8498

VFW




VETERANS OF FOREIGN WARS

General MacArthur Memorial Post No. 392
 2408 Bowland Parkway
 Virginia Beach, VA 23454-5207

Phone: (757)486-5875
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E-Mail: vfwpost392@gmail.com
Web Site: www.vfw392.org



THE RED, WHITE AND BLUE - 392

SUN	MON	TUE	WED	THU	FRI	SAT
		Thursday Night Dinners On 1st & 3rd Thursdays of Each Month		1	2	3
				<ul style="list-style-type: none"> Dinner Teriyaki Chicken 5:00 - 6:30PM 	<ul style="list-style-type: none"> Entertainment DJ Shane 7-10:00PM 	
4	5	6	7	8	9	10
Cootie Breakfast 8:30-11:00am	<ul style="list-style-type: none"> VFW/AUX Staff Meeting 7:00 PM 	<ul style="list-style-type: none"> VFW/AUX Meeting 7:00 PM 	<ul style="list-style-type: none"> MCL Meeting 7:30 PM 		<ul style="list-style-type: none"> Entertainment DJ Matt Davis 7-10:00PM 	
11	12	13	14	15	16	17
Salty Dawgs Cootie Breakfast 8:30-11:00am	<ul style="list-style-type: none"> FRA 166 Staff Meeting 7:00 PM 	<ul style="list-style-type: none"> MOC/MOCA Meeting 7:00 PM 		<ul style="list-style-type: none"> Dinner Prime Rib 5:00 - 7:00PM 	<ul style="list-style-type: none"> Entertainment TBD 7-10:00PM Setup Halls for Casino 	Game Wardens Vietnam MOC/MOCA Casino Night
18	19	20	21	22	23	24
Cootie Breakfast 8:30-11:00am	<ul style="list-style-type: none"> FRA 166 Branch Meeting 	<ul style="list-style-type: none"> IOOB Meeting 7:30 PM 	<ul style="list-style-type: none"> AOA Meeting 6:00 PM MCL Staff 7:00PM 	<ul style="list-style-type: none"> VVA Chapter 969 Board Mtg 	Grand Winter Council Meeting 4809	
					<ul style="list-style-type: none"> Entertainment DJ Billy 7-10:00PM 	Bingo VA Hospital 11:00-1:00 PM
25	26	27	28	<ul style="list-style-type: none"> EVERY FRIDAY: Social Hour Prices 4:00 - 6:00 PM Shrimp Special 6:00 - 8:00 PM EVERY SAT. / SUN.: Hotdogs & Chili (as avail) 11AM - 8 PM Pizza 		
Cootie Breakfast 8:30-11:00am	<ul style="list-style-type: none"> HRCVO 7:00 PM 	<ul style="list-style-type: none"> VVA Chapter 969 Meeting 7:00 PM 	<ul style="list-style-type: none"> House Committee Meeting 6:30PM 			